

# **Remote Rural Mental Health & Addiction Initiative**

The Township of Bonnechere Valley is pleased to share information with you regarding a new initiative that was formed at the beginning of January 2021 called the "Remote Rural Mental Health & Addiction Initiative (RRMHAI). It was formed to explore the provision of methods of mental health and addiction care in the remote and rural communities along the Highway 60 corridor of Renfrew County and the Whitewater Bromley regions. The initiative recognizes the role technology plays in reaching as many individuals as possible and strives to identify the virtual care requirements of those needing mental health and addiction care and connecting them to existing resources.

In the coming months, the primary goal of the community will be to create community hubs in which individuals can privately access a variety of established mental health and addiction resources. Most people forego mental health and addiction care because they do not know where to go to get help or not being able to afford to pay for it. The hope is that these hubs will begin to erode these barriers.

The committee is supported through The Phoenix Center, ConnectWell Community Health, The Rotary Club of Eganville, West Champlain Family Health Team, the Township of Bonnechere Valley, Family and Children Services of Renfrew County, Renfrew Victoria Hospital Addictions Treatment Service, Pembroke Regional Hospital Mental Health Service Renfrew County and Algonquin College Community Employment Services.



If you are wanting more information on this initiative please contact Allan Studd, Chairperson - RMHAI at 613.628.1535 or via email at allan.studd@gmail.com

## Waste Site Summer Hours Schedule

All residents may use ANY of the Township Wastes/Transfer Sites to recycle your materials and dispose of your waste. Bulky Waste and Construction materials must be taken to <u>Sno Drifters</u>. The Sno Drifters site can be opened on a callin basis as long as staff are in the area. This will result in an opening fee plus the cost of your weighted load. This site accepts cash only. Included in the March Tax bill was a FREE Voucher for use at the Sno Drifters Site exclusively. This voucher permits up to 550 kg's for FREE. If your load weighs over this amount then you will be responsible to pay the amount over and above this weight. The FREE Voucher was only given out to properties which have a dwelling or building on the them. We no longer give Vacant parcels of land free vouchers as they do not accumulate bulky or construction materials. A reminder that <u>Sand Road</u> accepts yard waste and brush for FREE.

Please note: Summer hours in the schedule below start on the May Long Weekend until Thanksgiving Weekend. However the Sno Drifters site will not commence its summer hours until May 25, 2021.

Waste Site / Transfer Site	Sno Drifters	Sand Road	Lake Clear	McGrath	Highway 41	Ruby
Saturday	9 am to 3 pm	9 am to 4 pm			9 am to 4 pm	9 am to 3 pm
Sunday			1 pm to 6 pm	12 pm to 4 pm		1 pm to 3 pm
Monday	8 am to noon	3 pm to 6 pm				
Tuesday	8 am to noon				3 pm to 6 pm	
Wednesday	8 am to noon	3 pm to 6 pm				1 pm to 3 pm
Thursday	8 am to noon		3 pm to 6 pm			

\*\*The Household Hazardous Waste Depot located at Sand Road will resume operation again from the May Long Weekend until Thanksgiving Weekend. \*\*

Township of Bonnechere Valley

613.628.3101



#### Eganville & District Seniors Community Activities/Events

Memory Cafe May 12, 2021 10:30 & June 9, 2021 am at the Seniors' Centre (30 Bell Street)

**Drive-Thru Roast Beef Dinner:** May 12, 2021. Cost: \$16 per meal. Pick up between 4 pm-6 pm at the Seniors' Centre. Must register for meals by May 7th at 3 pm.

**Footcare Clinic**. May 7 & 14, 2021 and June 4 & 11, 2021. Please call to book an appointment.

Hobby Club: e.g: Art, Knitting & Puzzles take place on Mondays at 11 am..

Seniors Tai Chi: Takes place on Tuesdays at 10 am.

**High Mobility Exercise:** Monday, Wednesday & Fridays at 8:45 am.

Mid Mobility Exercise: Tuesday & Thursdays at 1 pm.

**Zoom Lunch Time Trivia:** May 3, 17, 31, June 14 and 28, 2021 at 12:30 pm. Please pre-register to participate.

Zumba: Wednesdays from 6-7 pm.

**Drive-Thru Chicken Cacciatore Dinner:** June 9, 2021. Cost: \$16 per meal. Pick up between 4 pm-6 pm at the Seniors' Centre. Must register for meals by June 4th at 3 pm.

For current updates and changes, please follow the Seniors Centre on Facebook and website at www.eganvilleseniors.com

## **Community Clean Up Day**

Community Clean Up Days are coming to Bonnechere Valley so mark them on your calendars!

Bonnechere Valley Council is hoping people will take to the ditches throughout the municipality on the weekend of May 15 & 16 and clean up the rubbish.

You can then haul it to the waste site where residents will be able to take one bag for FREE to assist with the clean up.



**BRIEFS.** 

## **Bonnechere Union Public Library News**

You will see a new face round the Bonnechere Union Public Library and we would like to extend a warm welcome to Susan Artymko, who is the Interim CEO while Nikolina Likarevic, CEO is on maternity leave. We wish Nikolina all the best and congratulations!

Want to register for a **COVID-19 vaccination** appointment in Renfrew County? The Bonnechere Union Public Library (BUPL) has public access computers, and the staff can help you get started. Please phone ahead (613.628.2400) or visit their website at www.bonnechereupl.com to confirm their current operating hours.

To celebrate the **Library's 50th Anniversary**, they are conducting an Online Auction fundraiser in June. There will be 50 items to bid on, all donated, with the proceeds going to the library. Watch for upcoming advertising with the dates and a link to the auction website.

**BUPL Seed Library:** Due to the closures, the Seed Library is not accessible for browsing, but if there are any seeds you are looking for, let them know and they will look for you!

**50 Books Before K** - Starting May 1, 2021: BUPL has carefully selected 50 books that they think every child should read before Kindergarten. Between May and September, if your child reads all 50 books on the checklist, they receive a certificate of completion, a prize, and a fancy letter to give to their teacher (signed by the librarian) on the first day of school! For more information, or to schedule book pick-up, contact them at 613.628.2400.

Library Clubs: BUPL offers weekly Zoom links to two inclusive clubs: The Bonnechere Pickers Guitar Club (Saturdays at 1 pm) and Youth Night Hangout (Wednesdays at 4:30 pm). To get on the eBlast list email bee@bonnechereupl.com

**Story Walk in Shaw Woods:** Starting June 14, 2021, enjoy a socially distant and safe experience with a Story Walk at Shaw Woods! As you venture through the trails, you can read *The Thing Lou Couldn't Do* by Ashley Spires. The program will run for 4 weeks. Brought to you by the Bonnechere Union Public Library and TD Summer Reading Club.

For current updates and changes, please follow Bonnechere Union Public Library's Facebook, Instagram and website wwww.bonnechereupl.com

#### **News Briefs**

**Fee By-Law:** Council is considering updating the Fee By-Law on May 4, 2021. Be sure to check out our current fee on the website. Any changes will be effective June 1, 2021.

https://www.bonnecherevalleytwp.com/council-and-staff/by-laws/ tariff of fees

**Community Photos:** Over the next few months the Township of Bonnechere Valley in conjunction with the Bonnechere Valley Fire Department will be utilizing a drone to take photos throughout the township to showcase our beautiful area. These photos will be used in promotional materials on for our Facebook and website.

**Outdoor Pickleball:** Once the stay-at-home order has been lifted you can play pickleball on the tennis courts at Legion Field.

# Let us know about your events in July & August